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By Dr. Ingrid Naiman

THE SACRAL CENTER

The Procreator

Since the sacral center was developed as an instrument of physical plane expression so long ago, it is, except in extremely rare cases which are probably heavily Karmic in nature, a fully functioning chakra. As noted in Chapter VI, it was brought into activity in mid-lemurian times as an instrument of procreation. A study of gonadal hormonal secretions indicates that the primary purpose of this center remains reproduction. To a lesser extent, the hormones affect growth and sexual differentiation. Though this chakra is obviously also used for non-reproductive sexual expression, this fact does not detract from its essential nature.

Many diseases have their origin in this chakra so a careful analysis of its normal and abnormal conditions is essential to any understanding of health and healing. As stated, this chakra is functional in nearly all persons. Where it is not, the individual will be not only sterile but possibly also more severely affected. However, even in a normal person, the chakra may be larger or smaller, faster or slower in rotation, and capable of working with more or less energy. Additionally, a person may work the chakra harder or block its expression. All of these factors affect the actual state of the sacral center, hormonal activity, fertility, and health.

So, let us begin with a discussion of an absolutely normal sacral center, one that is most likely Saturn ruled, healthy, and balanced. Persons with such chakra development and use, have normal development of their organs of reproduction,

experience puberty at a normal age, and have normal secondary sex characteristics. Their bodies stop growing at the normal time and their sexual expression is predominately natural and, monogamous. Such people have a defined view of themselves, an, objective view of others, an adequate immune system, the ability to procreate, and few psychological obstacles to sexual expression. Their view of sex is apt to be that it is an important aspect of relating that it contributes to family life, and, of course, that it enabled them to become parents and to experience creativity and union. Their lives will probably exhibit considerable focus on the family and family roles and there is neither anything obsessive nor disinterested about the role of sex in their lives. Their sexual expression will be generally rhythmic, harmonious, natural, and inextricably intertwined with their sense of family, belonging and identification in terms of roles, social units, etc.

When the sacral center is developed but under-active, it will absorb more energy than it expends. When such a pattern is chronic, it will usually be found to be psychologically induced. Where it is temporary, it is likely to be caused by changes in the partnership relationship, illness or absence of a partner, divorce, etc. Regardless of the reason for the under-activity, it will lead to an accumulation of reserve energy in the sacral center. This, in turn, will have an impact on the reproductive organs. When energy is stored in the sacral center and not released, swelling of the

reproductive organs is probable. This will be more or less serious, depending on the extent of the accumulation and the amount of pressure that builds up. Initially, there will be some psychological evidence of the damming up of energy: some irritability, frustration and annoyance over matters that did not previously seem important. Eventually, there may be some tendency also to put on pounds, for the sacral center is a water chakra and an excess of water will lead to growth. It may also increase drowsiness, but this must be understood as a blockage to the free flow of energy rather than a deficiency of stamina and reserve.

Many of the problems associated with an under-active sacral center are, as would readily be expected, psychological rather than physical. This makes implicit sense since the cause of the under-activity is far more apt to be psychological than physical. Whether conditioned by concepts of original sin, guilt, fear of pregnancy or of the inability to perform the sexual act adequately, phobias about contagious diseases, hygiene, etc. does not matter so much as the fact that the chakra itself is capable of more activity than is being permitted, and the inhibition will cause the chakra to slow down, but seldom in an even and safe way. Physical conditions can and do result from under-activity. The simplest would be, as mentioned, a swelling of the reproductive organs. It must be understood that there is in such cases an immense amount of energy being taken in by the sacral center, but outward expression is less than what is magnetized to the chakra. In more serious cases, cysts or tumors of the reproductive glands or organs develop. Such tumors may be benign or malignant, depending more on emotional factors than physical ones. Granted, exposure to radiation may contribute to malignancy but retention of negative emotions, such as anger and resentment, is far more dangerous and more likely to undermine normal cellular development.

Some types of lower back pain are also probably due to congestion of the sacral center.

Such pains are frequently brought on by temporary or longer-term celibacy, but sexual activity relative to intake via this chakra sometimes underlies the condition that occasionally is so severe that it renders a person nearly immobile. As stressed in Chapter VI, even where celibacy is motivated by or prescribed by religious considerations, it is not healthy unless the energy assimilated by this chakra is utilized in some manner or other. Where spiritual views dictate celibacy, it is extremely important that energies in the sacral center are actually transmuted to another chakra lest a physical problem develop. Nuns, for example, have a very high risk of breast cancer. So, while not suggesting that nuns be liberated from their vows of celibacy, it is important that the ability to shift energy into higher chakras exists if health is to accompany their vows.

It goes without saying that where celibacy is attended by self-righteousness and/or neurosis, there is little to be said in its favor. However, where there is real sublimation of the sexual drive and creative use of energy in higher chakras, a great deal can be said on behalf of celibacy. This subject is discussed in more detail elsewhere, but transmutation of sacral energy usually necessitates a high level of development of the throat center which in turn demands not only intelligence but an ability to be mentally focused.

To summarize the matter of under-activity of the sacral center, it need only be said that no matter how well intentioned the inhibition is, that beyond a point, any congestion is unhealthy so that eventually physical side effects must be expected when there is an excess of intake over expression.

Where the chakra is developed but overactive, several possibilities exist. First of all, there will be a depletion of vital fluids that are essential to the protection of the nervous system. Therefore, sooner or later, over activity will result in a deterioration of the responsiveness and overall quality of the nervous system. This will be true regardless of how energies are released from this chakra:

heterosexually, homosexually, or by way of auto-gratification. It will also be true regardless of the manner of sexual expression, for so long as there is a discharge of vital fluids, whether semen mixed with other fluids or the equivalent lubricating fluids in females, there will be some loss of those substances used to maintain the nervous system. This may seem ironic since many people experience a relaxation or reduction in nervous tension after sexual release, but over the long term, excess sexual expression will take its toll on the nervous system and even the brain. Again, however, excess must be defined relative to the available amount of energy, not in any absolute manner. Therefore, where there is great power in the sacral center, there is more capacity for rebuilding whatever is discharged.

Over-activity, of course, also potentially affects relations with others. Where there is a single partner, too much demand for sex may put a strain on relations. Where there are multiple partners, there is a high risk of contacting a social disease: herpes, chlamydia, syphilis, gonorrhea, A.L.D.S., etc. Also, it must be recognized that where there is much sexual activity, there is more friction on the tissues and more risk of minute fissures that admit invasions of communicable disease organisms. In the west, very little, aside from the risk of infection, concerning hyper-sexuality is recognized as a medical problem. However, in the East, great attention is devoted to the action of sex on vital fluids and longevity. Controversies and social preferences aside, the sexual system, skin, bones, nervous system, and brain are all part of one chain or interrelatedness, any sexual habit or disease is therefore apt eventually to impact on the entire network.

Where there is great emphasis on sex, there is also some loss of creativity of a more intellectual and spiritual order. Moreover, the depletion that is inevitable may be more or less easy to remedy, but if a person is severely exhausted, there will be a reduction in responsiveness in the nervous system that is very difficult to repair.

Moving to secondary issues of this chakra, it is necessary to make brief reference to unnatural sexual practices. Whether indulged in to avoid pregnancy, out of preference, or other reasons, their effect on the sacral center may be somewhat similar to genital sex, but their impact on health is, for hygienic reasons, more dire. So far as the chakras are concerned, the issue is basically one of development and the balance of intake over output of energy. One might risk downplaying the whole matter to a simple mathematical equation, but on subtle levels, there is much more at stake. In every sexual contact with another person, there is some mixing of energy, whether of vital fluids or not. There is mingling of auric energies and some exchange. The exchange may be simple. For example, the sacral energy of one person exchanges with the sacral energy of the other. This, however, is seldom so matter of fact. The actual exchange is usually from the excess to the deficiency. Therefore, a vital person vitalizes a depleted one; an enthusiastic person inspires the timid person who is afraid of the future; the stable person calms the nervous one. A fiery person warms a watery one; an earthy person imparts a sense of security to the restless airy one. These subtle exchanges occur via any or possibly all of the chakras and the stronger will always give to the weaker. This is the logic for partnering on the basis of as much equality as possible, for where there is much sexual power in one individual and perhaps an even predatory approach to the partner who provides the means for release of tension, the partner will be temporarily charged, but there will also then most likely be a siphoning off of energies focused in the higher chakra of the partner and this will eventually result in depression and other problems.

In sum, the commingling of energies that occur when there is intimacy between persons has a profound effect on the aura, on the subtle balance of energies in the chakras, and on the overall vitality of the persons involved. Blending of energies, contact, etc. also create a certain amount of karmic connection even if on

a very unconscious level. For these and other reasons, it is preferable to partner with a person who is either a very good balance to oneself or very equal.

This covers the basic esoteric issues surrounding subtle energy exchange and the expenditure of sacral center energy. However, the medical considerations are also important and fortunately more straightforward. Semen is highly alkaline and very potent. It is regarded as an antigen by the immune system that galvanizes itself to protect the host from the foreign invader. The vagina is acidic and hostile and therefore able to ward off most of the invasion, but the mouth and anus have no such ability so the stress on the immune system is immense when these forms of sex are practiced. What effect such forms of sex have on the chakras is open to speculation, but the medical ramifications suggest that they overwork the self/not-self mechanism residing in the sacral center, the defense response which is more solar plexus centered, and the immune control which is probably mainly heart ruled.

It is important to reiterate that esotericists regard all diseases of the sacral center as resistant to cure. They believe that all such diseases stem from wrong actions, not all necessarily sexual but wrong behavior on the physical plane taken in the larger sense. Thus, though a virus may respond to penicillin or antibiotics or even inoculations, the development of secondary symptoms occurs just as if the primary skin lesions and such had never been cured. Hence, fifteen or twenty or thirty years after treatment, a loss of nerve sensitivity, localized or general may still occur. Eventually, mental acuity and sanity may also be affected. For these reasons, our understanding of sex and its ramifications ought probably to be substantially expanded to embrace subtle as well as deeper medical facts bearing on our physical plane actions.

Karmic Conditions

It is difficult to know what to call the

conditions that exist because of abnormal development of the sacral center. To say they are karmic is to say nothing and yet everything. However, since the task of developing and perfecting the sacral center was undertaken long ago, it is so unlikely as to be impossible that any individual has managed to incarnate in this era without having developed this chakra. Therefore, when the chakra malfunctions, the implication is that the cause is karmic and that the condition exists because of actions in another lifetime. A simple such case might be one in which there is the physical appearance of normal sexual development but infertility. Certainly not all sterility is due to "evil" karma. It may in some cases be a function of constitutional type however, where it presents a problem for an individual or couple, where they wish to create a family, the condition is probably karmic. It may also be curable.

Then, there are cases where the testicles never descended before birth, where persons are born hermaphroditic (as opposed to androgynous which is highly rare and utterly different), where they are eunuchs, etc. There are probably some other conditions that ought to be included here but to do so may sound judgmental or systematizing. However, mention might be made of certain types of gross deformity, imbecility, and perhaps of diseases which usually manifest later in life but which are nevertheless probably sexual in origin and karmically influenced: leprosy, paralysis, insanity, etc. The list is no doubt quite long and modern thinkers may object to some of the inclusions, but esotericists tend to group diseases according to type and those which impact upon the skin, bones, nerves, brain are predominately sexual at their roots.

Uranus Ruled Sacral Center

The second set of normal sacral center development, rulership, and activity concerns a relatively small percentage of people who are mentally creative and who have transferred the focus of their physical plane productivity to

this level. This does not imply that they are incapable of procreation, merely that their intellectual lives are more prominent than their physical lives. It is difficult to estimate how many people belong to this category, probably a relatively small number worldwide but they may nevertheless constitute a fairly large percentage of the clientele of astrologers. In my own practice, I would estimate that easily half of my clients are of this type. Moreover, among those who have passed the Uranus transit opposite natal Uranus, i.e., those who are 42 years or older, the percentage is probably much higher.

So, we have a few clues here. First, after the reproductive years are over, many people experience a shifting of focus of their energies and a transmutation of their creativity to a higher chakra. Secondly, the mid-life crisis for such persons would be much more dramatic than for those whose intellectual creativity had been put into gear earlier.

Though much can be said and has already been said about Uranus energies working through this chakra, a little ought probably to be added to what has already been said. It goes without saying that it is a very different matter to have Uranus working consciously as opposed to below the threshold of consciousness (in the root chakra). It is also very different to have Uranus instead of Saturn working through the sacral center.

To grasp fully the deeper import of such a shift it is necessary to posit that, at a certain point in evolution, one's attention turns to service on the physical plane. This is no doubt the true reason that Uranus, the Altruist, the Magician, and server, moves into the chakra of physical plane activity. Moreover, the shift of Saturn into the throat enables the throat to work as a lens for interpreting the third eye. Since these factors are covered in the chapters dealing with the throat and ajna centers, they will not be repeated here. However, what does need to be pointed out in the context of the sacral center and medical astrology is that the initial stages of any refocusing of energies is generally unstable and over emphasized.

Moreover, Uranus is extroverted so there will be an impulse to act before perhaps new clarity and control are achieved. This is the cause of some of the health conditions arising from the shift of energies.

First, as the energies transfer, there is commotion, but in the case of the sacral center, the stimulus is mainly towards more physical expression, and this may take the form of restlessness or increased sexual activity. The fact is, however, that the chakra has not expanded to accommodate the change; it has only become more responsive. It may also become sterile. It is interesting to note that in mythology Saturn castrated his father Uranus. Since there is probably no such thing as coincidence, we assume that it is no accident that even though Uranus is exalted in Scorpio that Uranus in the sacral center is often sterile. Again, the meaning behind Uranus working through this chakra is purposeful physical plane activity, not necessarily sexual activity. Other reasons that Uranus in this chakra often indicates sterility is that He seldom moves into this chakra before the testes and ovaries slow down their production of sex hormones, and Uranus is airy and far less fertile than the other planets.

So, now, let us briefly consider the rotation of the chakra when Uranus ruled. First, it must be emphasized that this can be a normal rulership for the sacral center. However, it is often associated with promiscuity because the chakra is more easily stimulated than when Saturn ruled. It is also more responsive so that one will not hear statements like, "I never had an orgasm in my whole life," when Uranus rules this chakra. Inhibition is thus not likely to be the problem with Uranus active. Celibacy is however often elected, this despite the responsiveness of the chakra. This is probably the long-term choice of many who have undergone a complete refocusing of their energies. Celibacy of this type is voluntary and usually effortless as the focus of life is on creative activity and sex may not seem either interesting or creative enough to draw attention away from the noble pursuits that

occupy such individuals.

However, as alluded to in Chapter VI, Uranus functioning in the sacral center is more often associated with promiscuity. This may be heterosexual, homosexual, or bisexual, but even where entirely heterosexual, interviews with such persons usually reveal the fact they are capable of considering relationships with persons of the same sex, but they reject such for various reasons which have nothing to do with the possibility of being attracted in such fashion. The risks of promiscuity are, if anything, greater with Uranus than Saturn, for the auras of these types are more open and the individuals are therefore more susceptible to infection.

A few psychological points ought also to be made about Uranus rulership of the sacral center. The shift may augur a period of sowing one's wild oats, of reckless and notorious behavior that will often bring publicity and perhaps precipitate crises in the family life which were not considered prior to the acting out. Again, no judgment is being made on whether behavior that jeopardizes the status quo also inaugurates future creativity, but in my experience, it does appear that it definitely generates domestic upheaval. Also, where major Uranus energies are used primarily to catch up on what one may have been missing sexually, it is less likely that the impact on creativity will be significant.

There is virtually no danger of under-activity when Uranus functions through this chakra as suppression is unlikely and sublimation is certainly possible for some.

Therefore, to summarize the effect of Uranus in this chakra, it need only be pointed out that by the time Uranus moves into this chakra, there is usually a tendency to function as a thyroid type. Therefore, there is more nervous strain on the constitution in general. There is also more sensitivity and hence more need for rhythm and hygiene as immunity and resiliency decrease somewhat as sensitivity and responsiveness increase, at least in such transition or interim stages (i.e. prior to Uranus moving again to another chakra).

Unfortunately, this section would not be complete without some mention of perversity. Whether homosexuality ought to be included in this category or not depends probably on how it is practiced, but bizarre sex, sodomy, child molestation, rape, and such are less due to Uranus than to the misuse of Pluto in the root chakra. Thus, when Pluto functions in the root chakra, due to premature and willful pressure to activate the power drive, some of the repercussions will be expressed sexually. Dr. Stauffer (a psychotherapist in Santa Fe, New Mexico) maintains that such sexual perversions are really abuses of power and sex is the expression of the abuse. Such persons, she says, suffer from a sense of being ineffectual in the world, they lack adequate means to demonstrate their power and creativity. This causes a perverted expression that may take the form of tyranny or abuse of the rights of others. Some homosexual relationships exhibit forms of such subjugation, but abuses of children and the "weaker sex" are the sadder forms this misuse of power takes. Where the sense of self is exalted at the expense of others, it may take the form of denigrating or catty remarks, snide comments, and such, but it may be acted out sexually. The precise state of the chakras in such instances can only be hypothesized: they probably have a tendency to inflate and deflate and to wobble because they are not supported by genuine development, only self will.

Other Rulerships of the Sacral Center

Though no authority can be found for believing that the sacral center may, in some instances, be ruled by other than Saturn or Uranus, this seems apparent enough to me. My thesis is that the sacral center is often ruled by Venus, but that it may, in fact, be sometimes governed by yet some other planet. Uranus presides over all major reorganizations of energy.

The transmutation of Saturn from the sacral to throat center is but the first major polarization of energy and evolutionary

landmark. Another huge transference of energy takes place when the heart chakra really unfolds. In this instance, Uranus appears to move into the heart, and to leave a void in the sacral center, which I believe, is often filled by Venus. Assuming this to be possible, it would seem that the sacral center would become entirely harmonious, chaste, and disease free. Immunity should improve with the opening of the heart chakra, and the sacral center at this stage of evolution would be entirely rhythmic, wholesome, and balanced.

In closing this discussion, let it simply be reiterated that the sacral center is the most active chakra in humanity at this time. Its activity is also the cause of many diseases, this regardless of what many would like to believe about both the desirability of total freedom of sexual expression and the ability of science to concur viruses. Esoterically considered, these are myths, and the sacral center will only cease to be a cause of disease when knowledge and discrimination leads to proper use of energy on the physical plane, both between oneself and one's fellow human beings and oneself and all that is not-self.

Dr. Ingrid Naiman is a practicing medical-astrologer in Santa Fe, NM. She travels extensively, lecturing and teaching, and has written a seven volume treatise on medical-astrology.