

# A THOUSAND POINTS OF LIGHT

## AN INTRODUCTION TO THE LESSER CHAKRA SYSTEM

*By Malvin N. Artley, Jr.*

### INTRODUCTION

There has been a lot of talk and speculation about the subtle energies which constitute the human being. Much of this speculation and investigation has been focused on what are known as the seven major chakras or centers of force that are aligned with the spinal column. That knowledge is sufficient for most people, but for the person who is engaged in healing or scientific investigations in which utilization of subtle energy patterns is a key factor, much greater clarity of work and focus result when one moves outside the seven major centers and begins using what are called the minor centers, lesser centers and the acupuncture meridian system.

The manual from which this article is drawn is the result of a collaborative effort by the author with two clairvoyants, Peter Tadd and Sara Chapin, who have used and investigated these lesser points in their work. It serves as a catalogue and correlation of some of the known esoteric writings on the subject. It has been prophesied that scientists will soon have the means at their disposal to directly observe the entire human etheric anatomy. It has therefore been deemed necessary to put forth knowledge of the workings of the lesser known centers in order that some direction and guidance can be given to those scientists, healers or esotericists who would begin working at this level in the human energy system.

From the outset, it must be stated that there is no infallibility implied in the information contained herein. The manual should simply be used as a starting or reference point for further investigations. Time and the work of many people will prove or disprove what is outlined in this work.

It must also be strongly emphasized that no work of this nature should proceed unsupervised because stimulation of even one point in the body can have profound or serious

effects upon the entire organism. It is therefore recommended that work proceed under the watchful eye of one who is experienced in these matters and, further, one who can see the movement of energies throughout the subtle bodies. With these statements in mind, let us proceed.

#### *Author's Note*

*It should be stated at the outset of this work that the information given by my two clairvoyant friends has been produced here without alteration. Neither Peter nor Sara have worked together at all. What you are about to read is an attempt by me to synthesize their data with known scientific and esoteric writings, along with some of my own intuitions. My commentaries on their data do not necessarily reflect their opinions and vice-versa.*

*Their data is listed under the various subheadings titled as "Experimental data". For the most part, Sara's information pertains to the meridian system and Peter's data pertains to the lesser centers. The commentaries are my own. People should take all of this information "with a grain of salt" until experience and experiment have proven or disproved it. It has been a source of amazement and, at the same time, vindication to me that all the thoughts expressed in this little book tend to support and add to each other in every way. I think you will agree, Enjoy!*

### **The General Structure**

No attention will be paid to the major chakras up the spine and in the head except to give a general outline and indicate certain patterns of energy flow. These have already been dealt with voluminously in other works. If the reader is unfamiliar with them, there are many books out on the subject.

These major centers plus all the lesser centers along with the meridians exist in etheric matter with their correspondences in

astral, mental and causal matter as well. The etheric level will be emphasized in terms of structure because there is greater definition to the structure and the etheric body lies closer to the dense physical frame. As will be shown, though, the subjective always precedes the objective with respect to manifestation. Therefore, the psychic qualities of these various components will receive the greater emphasis in the explanation.

### **The Etheric Body and Its Structure**

The etheric body has been described as a sort of grid or matrix-like structure. Seen clairvoyantly, it is composed of countless tiny, fine threads of etheric matter. Many people call these threads of matter streams of energy, which they are since all is energy anyway. This body has the same general shape as the dense body but it forms the lattice or framework for the dense body to form around. An analogy would be the way in which a worker in concrete pours the concrete into a steel reinforcement or wire mesh in order to retain the shape and structural integrity of the finished work wherein the concrete represents the dense body and the wire mesh the etheric body.

The etheric body has also been called the vital body. It is this body that is receptive to impression from higher sources and it is really the causative agent in all processes of health or disease in the dense body. It is not a body of emanation as some scientists have proposed, but it is actually quite the opposite as previously mentioned,

It is most necessary to keep certain concepts in mind about the etheric body throughout this work. These are as follows:

- It is the source of all electrical and energetic interplay within the physical system. It is the place of all pranic and vital force.
- It is a holographic body. Each part of the body holds the design or matrix for the rest of the body in its entirety.
- It is made up of streams or lines of force that are so closely interwoven and interconnected that any stimulus or activity applied to any portion of that body is felt within the entire structure of that body which fits in with the holographic paradigm mentioned above.

- It is also connected with all other etheric bodies atomic to galactic. In essence, each individual etheric body can be viewed as a center or focus of force in the larger corporate etheric body in which it finds itself.
- It is ruled primarily by the seventh Ray which gives form and substantiality to any system. This body is therefore the meeting ground between spirit and matter. Spiritual impulse finds its most definitive expression in this body. It is therefore closely associated with the will of the entity ensouling it.

In connection with the last point, one should note that the true colors most associated with Ray seven are violet and cream, both of which predominate in the etheric body. Many clairvoyants report seeing the cream color in closest proximity and association with the dense body while the outer etheric body tends to be more violet. There are four grades of violet associated with it ranging in color from a dark violet to a translucent scintillating lavender color dependent upon the grade of etheric matter present. Naturally the translucent colors are associated with higher grades of ether. It is said to surround the body at approximately two inches width all over. This appearance is primarily what has led some people to believe it to be a body of emanation because it appears to ray forth from the dense body. It should be noted that as the grades of matter or planes become more subtle the aura or "emanation" of the person extends outward and approximates an ovoid sometimes reaching many yards in diameter.

Not only does the etheric body appear as a fine, grid-like structure but it also has some more pronounced features. As consciousness develops with the entity ensouling the body, these features become more pronounced, brighter, more colorful, and after a certain stage in evolution is reached, scintillating. These various features can be listed as follows, remembering that each one has its counterparts in the subtler bodies:

- *nadis*: the finest of the structures. These nadis correspond to the nervous and circulatory systems in the dense body and underlie them. Movement of energy in the various nadis precedes movement in the nervous system.

- *meridians*: these are the well-known energy vessels that can be found referenced in acupuncture texts. They have certain nodes or nodules at various points along their lengths. They each have terminating points in the etheric organs after which they are named for the Governing and Conception vessels. They are formed of concentrations of nadis, somewhat like an electrical cable is formed of individual wire strands.
- *minute centers or chakras*: there are many hundreds of these and there is speculation that these are the nodes mentioned before on the various acupuncture meridians.
- *lesser centers*: these are found at the juncture of two or more acupuncture meridians. These will be discussed in due course. These centers can range in size and intensity from almost insignificant points of light to centers the size of the ajna or brow center between the eyebrows. These are said to be formed where several streams of force cross.
- *minor centers*: these often appear as approximately the same size as the lesser centers. They are said to be formed where the streams of force cross many times. They do not appear to be associated so closely with the meridian system although some are situated at triple junctures of meridians. These will be tabulated in due course.
- *major centers*: these are the centers (chakras) that most people interested in centers are familiar with. They appear as saucer-shaped depressions in the front and back of the etheric body in line with the spine, more or less, and are connected with it. There is one over the spleen that is not connected with the spine. These are said to be formed where great streams of force cross. They appear to be divided into what are called petals. The number of petals have occult significance. In fact, the entire center resembles somewhat the appearance of a flower with the "bloom" or padma being on the surface of the body, a stem reaching back toward the spine and a root which is anchored in the etheric

spine and is wrapped around a central shaft of light (sushumna). There are eight such centers. They will be tabulated shortly.

- Finally, in etheric matter of the atomic subplane (Finest grade of ether), there exists a *medallion of centers* directly above the head extending to several feet beyond the crown center. There are five such centers. They are not generally recognized by occultists and they remain unseen by all but a very few clairvoyants. This is due to the fact that the clairvoyant must possess a certain degree of this type of ether in his or her vehicles before these centers can be seen. This fact would presume a high stage of development on the part of the clairvoyant. These centers only become activated as one begins to pass certain initiations. Therefore, in most people, they are very quiescent and attract little notice. They are transcendental centers and the types of consciousness experienced in them is beyond the power of any words to describe - hence, another reason these centers go unmentioned. They are mentioned here because they are a part of the etheric body and thus give completeness to the description of that body, but they will not be dealt with in this work any further.

There is a definite hierarchy of organization and energy flow in the etheric body which should be born in mind as this work proceeds. From the standpoint of pranic or vital flow, there is a definite circulatory system. Solar prana comes into the etheric body via a center between the shoulder blades. It goes from there to a center slightly above the diaphragm, which has become partially dormant due to "civilization" The spleen absorbs planetary and solar prana and is the main assimilator of prana. It completes a triangle with the other two centers. There is a finely woven three-fold channel that links all three centers and through which the prana circulates. It is finally distributed primarily via the spleen into the system of nadis that then passes the prana throughout the etheric body. This is the strictly physical energy system.

Consciousness, which is the cause of appearance in form, takes another route. It is

largely focussed through the central shaft of light that enters the top of the head and proceeds downward to the base of the spine. Each of the spinal centers then become the distributing agents for a particular type of consciousness, depending upon the center. Each of these centers influences in turn its corresponding concretion in the dense body - one of the endocrine glands. The entire endocrine system therefore is the closest approximation or contact to the etheric body and therefore to subtle energy in the dense body. The etheric body thus exerts its influence by the nadis and pranic now through the circulatory and nervous systems and through the endocrine system via the blood stream. The major centers also influence the etheric vehicle through the medium of the lesser centers.

This brief synopsis of the etheric body is meant only to give some idea of function and placement of its components.

### Tabulations on the Major Centers

No more than a general overview shall be given here either since the subject has been so exhaustively discussed in other literature. These tabulations are given as reference for the reader's convenience.

**Table One**

Center	Petals	Traditional Colors	Physical Colors according to Peter	Astral	Mental	Causal
Crown (Sahasrara)	972 12 central 96 surrounding	violet	white	pink	cerulean blue	white & blue
Ajna	96 (2pr 48 ea)	indigo	violet & gold	orange	white gold	purple &
Throat (Vishuddha)	16	silvery blue	blue	turquoise	yellow orange	silver
Heart (Anahata)	12	green	gold & silver	white & pink	pink	gold
Solar  (Manipura)	8 or 10	yellow	amber	yellow & silver	green	magenta
Sacral (Swadhisthane)	6	orange	orange	clear	orange	deep velveteen black
Base (Muladhara)	4	orange red	red	white	red	indigo

Ray	Type of Consciousness	Planets	Types of Fire	Sense	Element	Body & Plane
1	God Higher psychism Divine Will	Sun Vulcan	Pure white Light of Heaven White Electricity	Intuition		Monadic
4&5	Manifestation Demanifestation Mastery of space/time	Mercury Venus	Rose-violet supernal electricity	Intellect		Atmic
3	higher mind supreme knowledge self-esteem	Mercury Saturn	Violet vaporous electricity	Hearing	Ether	Causal
2&4	group relations familial love pure reason	Jupiter Venus	misty-blue smoke-like electricity	Touch	Air	Buddhic
6	sentiency organization desire	Saturn Sun Moon Mars Neptune	amber electricity	Sight	Fire	Mental
5&7	self-image vitality sex	Sun Moon Mars	red electric fire passion	Taste	Water	Astral
4&7	will-to-live form in extreme self-will	Moon Pluto Saturn	black electric fire kundalini	Smell	Earth	Physical (etheric)

Organ(s)	Virtue and Freed Through	Energy function
Right eye, cerebral cortex, pineal	Being	Will
Left eye, limbic system, pituitary	Illumination Eye of Needle	Command Portal
Tongue lungs thyroid	Honor, Steadfastness to Truth Vigilance	Creation of Space Length of life Integrating of Ethers
Heart thymus	Fidelity, Loyalty Service	Demanifestation Death, Unification
Stomach Liver, pancreas intestine	Detachment Bhakti	Desire Preservation Organization

Gonads (physical eyes)	Discrimination Conscience Loving Heart	Procreation Energizing of Substance Reproduction
Spinal column Bladder, large intestine, kidneys, adrenals	Goodness Faith Karma Yoga	Breath

The stage has been set for a consideration of the lesser centers. As the description of them proceeds, the reader will take note of how important a thorough understanding of the meridian system is with regard to the lesser centers. Without a systematic knowledge of the meridians, understanding of the lesser centers becomes fragmented at best and hopelessly confused at the worst. One begins to realize that those centers represent spheres of influence directly impacting and impacted by the meridians.

The lesser centers can be compared to railroad round houses. A roundhouse is a circular house in which several railway lines inter-sect. The center of the house is a single piece of track that can be rotated. Thus, if an engine is on the central track, the track can be positioned such that the engine can be switched to any one of the railway lines coming into the building. Of course, a lesser center is more complicated than that, but hopefully this example will illustrate the point.

A lesser center is a vortex formed at the point of intersection of two or more meridians or where two meridians pass close together. The energies of the meridians making contact there becomes intermingled or antagonistic dependent upon the state of the meridians involved. In other words, the energy can become a blend of meridian energies and exhibit a completely new quality based on that mixture, which in turn adds to the total and quality of energy within the two or more meridians. The center thus becomes a sort of storage battery or generator and there is an exchange of energies between the meridians involved. It is in this manner that meridians tend to

support one another and replenish depleted meridians. Conversely, if the energies of the intersecting meridians clash and do not mix, there is no free exchange of energy between them and the center and the meridians involved are devitalized or are thrown off balance. Shock to the system or repeated misuse of energies can cause such a situation to develop.

If one could see the various centers, it would be possible to discern at a glance which meridians were not functioning properly and why by viewing the condition of the centers. It would also be possible to determine somewhat of the psychological disharmonies underlying various conditions. The lesser centers tend to be more associated with the major centers they are closest to, so it is also possible to diagnose at a glance the condition of the various major centers. It should be kept in mind, though, that the major centers are the reflections of consciousness and thus of a person's psychology. The following format will be used when considering the lesser centers:

- Name of Center. Location on body ("landmarks" for identification)
- Meridians involved. Possible colors. Magnitude: 1-10
- Experimental data. Qualities already observed.
- Commentary of information from information on meridians.

For the convenience of the reader, the following tabulation offers the primary psychological functions expressed as key words of the major meridians as a reference when considering the lesser centers.

**Conception Vessel:** Intensification; consumption in goals; goal setting, electrical charge and current through the system.

*Positive expression* - balanced pursuit of objectives, realistic goals, high spirits

*Negative expression* - obsessiveness; workaholism; unrealistic expectations; depression or mania

**Governing Vessel:** the weather vane; gauge of environment; will power; bodily energy levels; endorphin reactions to various substances; hearing of intuitive essence.

*Positive expression* - strong will power; regulated energy; positive inner guidance.

*Negative expression* - lack of will; stubbornness; overbearing; fluctuating energy; deafness inner and outer.

**Bladder Meridian:** Circadian rhythm; feeling and release of childlike emotions; release of emotion; regulation of kundalini.

*Positive expression* - ability to release harmful emotions; good sense of timing; timing of outward expression to greater cycles (progress in right timing); control of emotions.

*Negative expression* - hardened; "toxic" emotions; accentuated "macho" attitudes; poor judgment as to time and place for action; blocked flow of kundalini with devitalization as the result; explosive emotional outbursts.

**Kidney Meridian:** registers hatred; anxiety and depression and was set up to get rid of such feelings; sensor or warning system; karmic relationships; sentient response; strongest psychic meridian; very refining; the feeder; feeder of chi.

*Positive qualities* - positive; happy outlook; clairsentience; good reserves of chi; alert; responsive; refined emotions.

*Negative qualities* - depression, neurosis; unbalanced emotions; unreliable energy levels; insensitive; unfeeling; unresponsive emotionally; stress.

**Pericardium meridian:** backup; protection; energy storage; emotional defenses; being able to fend off discord.

*Positive expressions* - secure in emotions; emotional reserves; firm foundation of energy; being able to pull through in times of stress or attack.

*Negative expression* - insecurity; emotions sap all reserve and person must retreat to rejuvenate those reserves; takes illness easily; feelings of defenselessness; defensive.

**Triple Burner Meridian:** creation of vitality; centered, focused expression; grounding; posture - one's "standing in community"; sound reasoning; regulated metabolism.

*Positive expression* - "grounded"; focused; sound, balanced reasoning faculties; upstanding.

*Negative expression* - poor or misplaced reason; no common sense; flighty; unable to stay focused; short attention span; laziness; fatigue; diseases of metabolic origin.

**Gall Bladder Meridian:** decision-making; logical thought; breaks down and stores information; calculating and balanced thought; registration of information.

*Positive expression* - rational, balanced thinking; decisive; good with facts and figures; able to put things in proper place and order; keen observation.

*Negative expression* - cunning; manipulative; unreasonable; illogical; indecisive; poor powers of observation

**Liver Meridian:** filter for emotions; love-hate, "black and white" relationships; nurturing; inner child; ability to give; polarity of divine Mother; "fighter", how well a person handles stress.

*Positive expression* - resilience; giving, loving demeanor; secure internally (feelings); able to formulate and give life to ideas; calm under pressure.

*Negative expression* - miserly; irritable, hateful; insecure; inability to carry through ideas - nothing ever comes to fruit; cannot bear any kind of stress; retreatist.

**Lung Meridian:** timing of divine will; how a person reacts to authority; speech; registers fluids necessary for body; philosophical beliefs; integrity; how conscious a person is.

*Positive expression* - present in body and attentive; recognition of place in scheme of things; positive philosophy of living; strong leadership abilities; fine integrity; balanced, thoughtful speech; impeccable sense of when and how to act; sense of integration with the "Grand Order."

*Negative expression* - the person who can never do anything correctly; daydreams; poor listener; fidgety; fast talkers and incessant trivial speech; procrastination or impulsive/compulsive behavior; at heistic or negative philosophies; the

people who think the world owes them something; rebellious.

**Large Intestine Meridian:** emotional holding patterns; guilt; ability to release when necessary; conscience

*Positive expression* - a sort of "divine indifference"; well-developed conscience; non-attachment to non-essentials; able to work through and past heavy emotion.

*Negative expression* - dingy and cliquish; guilt-ridden; psychopathic and sociopathic behavior; poor self image; "anal-retentive"; neurotic personality.

**Stomach Meridian:** how well the "game is played"; coordination; mental prowess and ability to concentrate; how one "calls the shots" energy regulation; drive; organization; follow through.

*Positive expression* - socially graceful well-organized; coordinated; able to see projects through; fair, honest interactions; good leader; focused but positive determination; "stick-to-itiveness", balanced, regulated living patterns.

*Negative expression* - the clutz; disorganized; slovenly nothing ever gets completed; wide swings of energy from lassitude to overwork; dishonest, selfish dealings; must be constantly looked after; energy dissipater due to poor judgment.

**Spleen Meridian:** "the click in the heels"; humor, incarnation; responsibility; acceptance or denial; self-protection; people who wear the masks.

*Positive expression* - acceptance of responsibility; high, good humor; able to be "present"; high vitality; lively expression; "infectious high spirits."

*Negative expression* - daydreams and fantasizes constantly; depression; no sense of humor; irresponsible; escapist tendencies self-denial and denial of responsibilities; the person who masks their feelings.

**Heart Meridian:** thought clarity; group living; belonging; membership; feelings about prosperity; vision and foresight; memory; Oneness.

*Positive expression* - community spirit; thoughtful of others; prosperous or at least feels that way; visionary, but clear; reasonable; feels oneness with all; good memory; clear eyesight.

*Negative expression* - separative; inconsiderate; hateful; cloudy and forgetful; loneliness; depression; down-and-out.

**Small Intestine Meridian:** non-physical agitation; fight or flight; fears; filters emotions; prosperity (feelings about); registers shadows and things that appear to be attacking; use and carrying of sound wave.

*Positive expression* - calm; courageous; attentive but confident; good listener; grants inner guidance.

*Negative expression* - skittish; nervous; cowardly; paranoid; distorted thinking due to fearful emotions; poverty; unable to face fears; irritable; constantly agitated.

With all this initially imposing information in hand, a consideration of the lesser centers can now be attempted. Again keep in mind that a lesser center is formed where two or more meridians pass close together or at a connection of the same. It is thus a blending or unbalancing of energies, depending upon a person's consciousness as expressed through that center. The centers are indicated on the following figures with letter demarcations. Consider the following center:

### **Ex: (S) 1 Emotional Presence Center**

*Location:* just on the surface of the pubic bone.

*Meridians:* Liver, Conception, Spleen, Kidney.

This center is associated more so with the sacral center. Experimental work with this center has yielded the following:

*Experimental data:* It has been called a point of woe or sorrow. Astral trauma is reflected there. Going into that center in healing work or meditation can yield keys to emotional shocks in the past that are reflected in the consciousness in the present situation. Karma is also somewhat accessed there because trauma in this life usually has its roots in a past life. This center reflects whether or not a person can be present in their emotions. It reflects emotional instability and insecurity.



*Possible synthesis of information:* The Liver and Kidney meridians both work as filters for emotions. The Conception Vessel works more to form an image of self and with goals and intensity of consciousness relative to that center. It therefore energizes personal expression. There are essentially two pairs of energies at work at that point: the Liver and Kidney meridians are one pair with the Conception Vessel and Spleen as the other.

The consciousness expressed through this center would then be related to how a person reacts to and processes emotions (liver and kidney) and the person's ability to be present, settled and clear thinking in the process (conception and spleen). Remember that the consciousness expressed through this center is conditioned primarily by the sacral center and is therefore childlike in one way and energetic in another. The sacral center is particularly related to or active in certain key phases of life -- the toddler or infant stage and puberty. At both stages of life, there are certain decided events that take place in the development of the individual astral body. The toddler or infant stage is where the person's feelings about individualized selfhood are formed. The stage at puberty is related to how a person feels about relations to others, which naturally has its foundation in the infant stage of development. The stage of puberty begins the true dualistic life and hopefully the urge toward unity or various "marriages" of which the secondary sex characteristics are one indication.

This center at the pubic bone is primarily yin. Therefore, the center works primarily with a person's internalized feelings. But the feelings expressed by the sacral center are infantile. Nonetheless, they form somewhat the basis of the personal ego. This center is without a doubt an indication of inner child conflict. The kidney filters out anger, rage, fear, etc. The liver works on a love-hate, black or white, i.e., absolutist basis. The kidney is a very strong psychic meridian. The union of the two meridians at this center is a potent receptor or indicator of a person's ability to psychically or sentiently register love, hate, fear, anxiety, etc., etc. If a child is not loved, that is known subconsciously or consciously to the child (it does not matter which) and

imprints this little center. All emotional trauma would therefore upset the functioning of the pubic bone center. Discord and energies would thus cause the two pairs of meridians to be antagonistic at that point. How would such a condition surface, one might naturally ask?

Suppose a child suffers a trauma emotionally which is not allowed resolution, such as the death of a parent, rejection by a parent; etc. The child thus builds emotional walls as compensation for its sadness and grief because it can find little or no consolation. With the walls thus built, the child has a means to escape from painful memories and circumstances. Such constructs cloud the thinking in later life because they are eventually pushed below the level of consciousness. The person is therefore not aware of why he or she reacts to certain situations in the manner they do, but the urge to react in such a manner is irresistible and brings the childlike feelings to the surface.

What happens is the person can no longer be present in the feeling state faced with the given situation. A facade is created, feelings are hidden, the person may overcompensate for feelings of lack, unreasonable, illogical, childish reactions come to the fore and the person feels out of control. The person can no longer function normally. All will power and ability to express are gone or directed elsewhere. Such patterns as the sex offender who was molested as a child, the alcoholic child of an alcoholic parent, or even such things as a fear of dogs, cats, bugs, etc. because one was scared by such as a child are all imprinted on the pubic bone center.

Perhaps if it was laid out in a diagram, the interactions would be clearer:

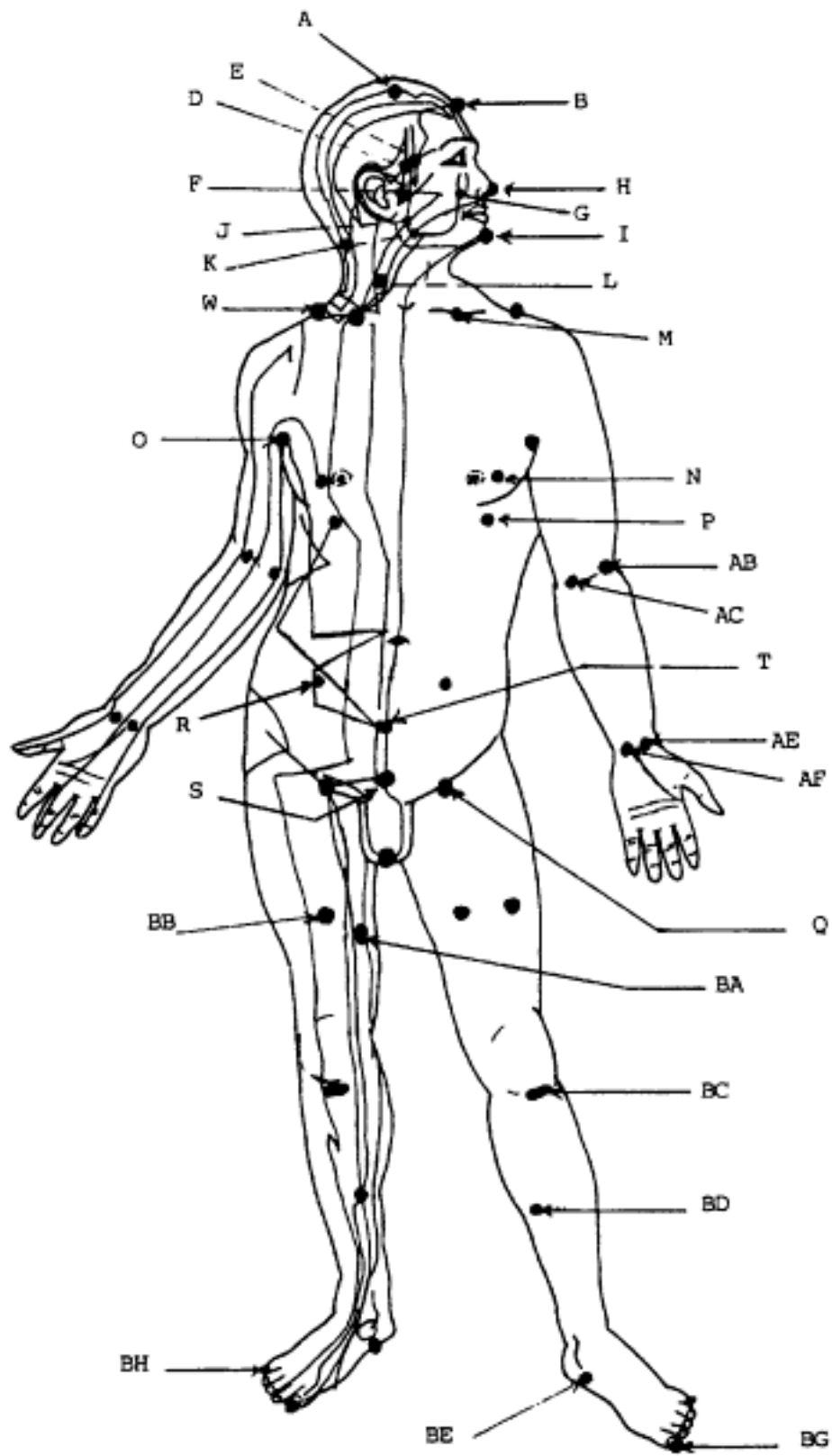
<u>Liver</u>	<u>Kidney</u>	<u>Spleen</u>	<u>Conception</u>
love/hate relations	filters hatred	high vitality and good	goalsetting
ability to give	anger, fear, refinement of feeling	spirits humor	high vitality objectives intensification
inner-child "fighter"-ability	karmic-relations	incarnation	high spirits/depression
nurturing/neglect	feeder of chi	self-protection acceptance/denial	

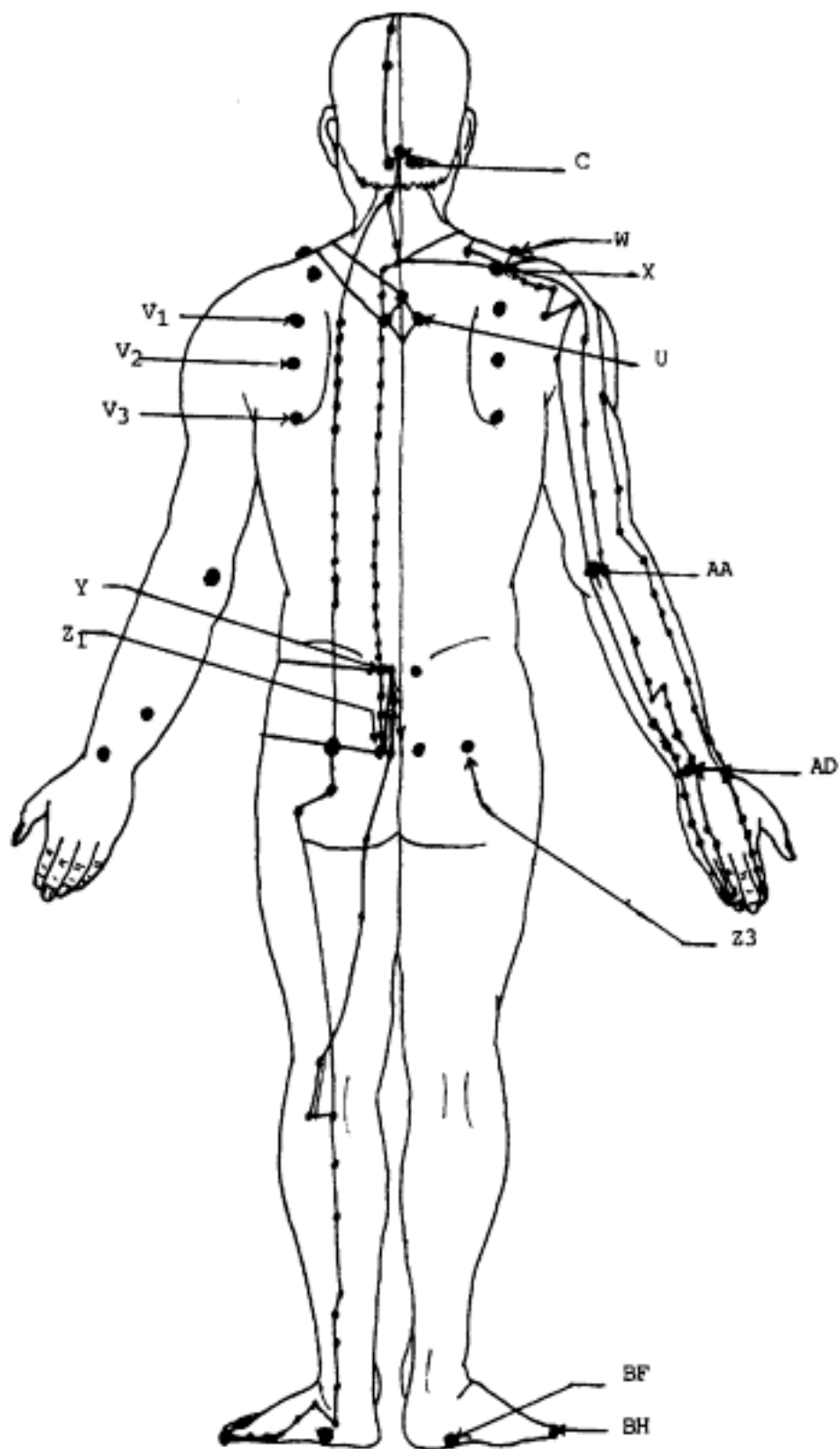
The positions of the key words in each column can be arranged in any fashion. From a very cursory examination of the permutations possible with the above table, it is easily seen how complex one of the lesser centers can be. One can see clearly that the subjective and experimental evidence bears out the commentaries just attempted. As was stated in the introduction to this work, the findings or synthesis represented here are not to be taken as infallible or complete, but merely as indications. The same procedure can be used to describe the rest of the lesser centers. They, with their associated meridians are tabulated as follows:

### Tabulation of the Lesser Centers

Supposedly there are only 49 lesser centers and many hundreds of even smaller ones. If the reader has been counting he or she will note there are approximately 80 lesser centers listed. Sara lists only 49 lesser centers, but Peter uses all of them. It is actually a moot point because each center has its gift to the system and can release certain blocks to expression. For quick reference, they are listed below:

<b>Letter &amp; Qty</b>	<b>Name of Centers</b>	<b>Meridians</b>	<b>Location (head)</b>	<b>Controlling Major Center</b>
(A)2	Support of Light	Liver, Bladder	fontanelle (head)	Crown
(B)1	Spirit's Hall	Bladder, Governing, Stomach	widow's peak	Crown, Ajna, Third Eye
(C)3	Heads of Carberus	Bladder, Governing	base of skull	Alta Major, Throat
(D)2	Telepathy	Gall Bladder, Triple Warmer	temples toward ear	Ajna
(E)2	Momentum	Stomach, Triple Warmer	temples toward eye	Ajna
(F)2	Sound of Silence	Small Intestine, Gall Bladder	front of ear	Throat
(G)2	Upper Ballast	Stomach, Large Intestine	sides of neck beside nose	Throat
(H)1	Breakthrough	Lg. Intestine, Liver, Stomach, Governing	tip of nose	Throat
(I)2	Voice of Creation	Stomach, Liver, Governing	chin	Throat
(J)2	Mind over Matter	Small Intestine, Stomach	bend of jaw	Throat





(K)2	Small Waterfall	Large Intestine, Stomach	jaw toward lips	Throat
(L)2	Calmness	Small Intestine, Triple Warmer, Gall Bladder	sides of neck <i>(upper torso)</i>	
(M)2	Breath of Life	Kidney, Stomach, Triple Warmer	clavicle	Throat
(N)2	Mother's Milk	Pericardium, Spleen, Stomach	beside nipples	Heart
(O)2	Growing Too Fast	Pericardium, Spleen	front of armpit	Throat
(P)2	Upright	Liver, Stomach	edge of pectoral	Heart
(Q)2	Genesis	Liver, Spleen	just over hip sockets	Sacral
(R)2	Pulsation Points	Liver, Spleen	app. 2" above Genesis centers	Sacral
(S)1	Emotional Presence	Conception, Liver Spleen, Kidney	above pubic bone	Sacral
(T)1	Feeder of Chi	Conception, Kidney	between hara & solar plexus	Solar Plexus
(U)2	Pranic Quadrangle	Governing, Bladder	between shoulder blades <i>(back)</i>	Heart
(V)2	Fire of the Sun		top of scapula	Heart
(V <sub>2</sub> )	Mother's Love		middle of scapula	Heart
(V <sub>2</sub> )2	Web of Desire		bottom of scapula	Throat
(W)2	Authority	Triple Warmer, Gall Bladder	top of shoulder	Throat
(X)2	Upper Atlas	Triple Warmer, Small Intestine	top of shoulder toward back	Throat
(Y)2	Lower Atlas	Gall Bladder, Bladder	sciatic arena	Sacral
(Z)2	Tail of Caduceus	Governing, Bladder	tip of spine	Base
(Z2)1	Sea of Yin	Governing, Conception, Kidney	perineum	Base
(Z <sub>3</sub> )2	Fire of Innocence	Gall Bladder, Bladder	center of buttocks	Base
(AA)2	Small Sea	Triple Warmer, Small Intestine	back of elbow	Heart and Solar Plexus
(AB)2	Grace of God	Lung, Pericardium	bottom of elbow	Heart and Solar Plexus
(AC)2	Shield	Heart, Pericardium	bottom of elbow	Heart and Solar Plexus
(AD)2	Speaking the Heart	Triple Warmer, Small Intestine	top of wrist	Heart and Solar Plexus
(AE)2	Artisan	Lung, Pericardium	bend of wrist	Heart and Solar Plexus

(AF)2 Spirit's Door	Heart, Pericardium	above wrist  (legs and feet)	Heart and Solar Plexus
(BA)2 Pure of Heart	Liver, Kidney	inner thigh	Base
(BB)2 Trigger	Spleen, Stomach	center of thigh	Base
(BC)2 Projection	Spleen, Stomach	below patella	Base

### Conclusion

One begins to see upon examination of these smaller centers the great complexity and yet the marvelous order and design of the human subtle energy system. The subtle bodies are all luminous and made up of greater and lesser spheres of light, streams of force and pulsation, scintillating structures, all of which thrill to the consciousness of the indwelling Soul acting on those bodies. Luminosity characterizes our true essences and the statement is literally true that our bodies are bodies of fire, not the crude matter of the dense physical shell. When we come to an understanding of fire in all of its ramifications, then we come to know ourselves.

The trained acupuncturist works with tiny centers every day in his or her practice. The standard repertoire of acupuncture points for the 12 standard and 2 extra meridians numbers 340 points. When bilateral symmetry is assumed, then that looms to 628 points. Considering there are many extra acupuncture points, the number of centers becomes even larger. When the number of lesser, minor and major centers or chakras is added to the acupuncture centers, then the total number of centers approximates 1000. Our bodies are thus composed of approximately one thousand points of light, enough for a small galaxy. In fact, the human being is called the microcosm. Man is given the injunction in his learning to first know himself. By so doing, he will come to understand all other things, from the very small to universal in proportion.

Man has reached far into space with his telescopes in an effort to understand the all-encompassing Intelligence behind the universe. He has focused his vision to the smallest of points -- the atom -- in an effort to understand the building blocks of that universe, In many ways we know more about all the things outside us than we do about

ourselves. The secrets of fire lie hidden in that mysterious something we call consciousness or psyche. The lesser chakra system holds many keys to unlock our understanding and therefore our consciousness - thus to know ourselves as fiery Lives. Let us conduct our investigations with joy, with reverence and with a balanced scientific method and come to our own bodies of fire. Let us further come to know ourselves as a reflection of the greater Cosmos and, in so doing, to know ourselves as one with God. The universe is an open book to all who so dare in the name of Truth.

*Malvin Artley is a physicist and an esoteric scientist. His research involves the rays, etheric force centers and the development of instruments to assist in the balancing of chakras. He is a member of the Science Faculty of the University of the Seven Rays. Malvin's book, A Thousand Points of Light: An Introduction to the Lesser Chakra System is available from the University of the Seven Rays Publishing House.*